




MARCH 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BIRTHDAYS FRAN 3/3 PATSY 3/22</p>		<p>1 9:30 "Stretch & Flex" Exercise 9:30 Blood Pressure Clinic 10:00 This Day in History and Horoscopes 10:30 Stress Management with Nursing Interns 2:00 Baking 3:30 Name That Tune</p>	<p>2 9:30 Work out the Kinks Exercise 10:30 Kathy from the Library Visits! 2:30 Celebration for Silvio 7:00 Adam Bergeron Performance</p>	<p>3 9:30 Chair Yoga with Julie 10:30 COPD talk with MGH 1:30 Artful Afternoons 3:30 Afternoon Walk to Shopping Center</p>	<p>4 9:30 Exercise to Music 10:15 Horse Racing 10:15 Creation Hour with Bobbi 2:00 Art Talk with Bobbi 2:00 Karaoke Fun with Erica 3:00 Happy Hour</p>	<p>5 10:00 Spiritual Talk with Michael Kelleher 2:00 Activity with Dodie 3:00 BINGO 4:00 Mass w Father Pat Healy 6:45 Saturday Night Movie</p>
<p>6 10:30 Trivia with Janine 3:00 Ruff it up with Jen and Rose</p>	<p>7 10:00 Singing with Serena & Bill 1:30 Afternoon Exercise 2:00 Blackjack 2:45 Prayer Group 3:00 TED Talk Hour</p>	<p>8 9:30 "Stretch & Flex" Exercise 9:30 Blood Pressure Clinic 10:00 This Day in History and Horoscopes 10:30 Skin Health & Dehydration with NI 2:00 Crafts 3:30 Bowling</p>	<p>9 9:30 Work out the Kinks Exercise 10:30 Kindle Fire Hour 11:00 Discount Taxi Coupons For Sale 2:00 Introduction to Digital Photography 2:00 Nail Time with Lenore 3:00 Cultural Hour - Inspiring Women</p>	<p>10 9:30 Chair Yoga with Julie 10:00 Trip to DeCordova 1:30 Artful Afternoons 3:30 Afternoon Walk to Shopping Center</p>	<p>11 9:30 Exercise to Music 10:00 Dietitian Talk 10:15 Scrabble Hour 2:00 Art Talk with Bobbi 3:00 Happy Hour</p>	<p>12 10:00 Spiritual Talk with Michael Kelleher 2:00 Activity with Dodie 3:00 BINGO 4:00 Mass w Father Pat Healy 6:45 Saturday Night Movie</p>
<p>13 10:30 Trivia with Janine 1:00 Cat Time with Sasha 2:00 Tony Funches Performance 3:00 Ruff it up with Jen and Rose</p> <p>DAYLIGHT SAVINGS </p>	<p>14 10:00 Singing with Serena & Bill 2:00 Blackjack 2:45 Prayer Group 3:00 TED Talk Hour</p>	<p>15 9:30 "Stretch & Flex" Exercise 9:30 Blood Pressure Clinic 10:00 This Day in History and Horoscopes 10:30 CROSSWORDS 2:00 Baking 3:30 Name That Tune</p>	<p>16 9:30 Pancake Breakfast with Good Shepherd Nursery 10:30 Kindle Fire Hour 2:00 Introduction to Digital Photography 2:00 Nail Time with Lenore 3:00 Cultural Hour - St Patrick's Day</p>	<p>17 9:30 Chair Yoga with Julie 10:30 MGH Talk 2:00 Richard Hughes Performance</p> <p> ST PATRICK'S DAY</p>	<p>18 9:30 Exercise to Music 10:15 Horse Racing 10:15 Creation Hour with Bobbi 2:00 Art Talk with Bobbi 3:00 Happy Hour</p>	<p>19 10:00 Spiritual Talk with Michael Kelleher 2:00 Activity with Dodie 3:00 BINGO 4:00 Mass w Father Pat Healy 6:45 Saturday Night Movie</p>
<p>20 10:30 Trivia with Janine 2:00 Joe Barilone Performance 3:00 Ruff it up with Jen and Rose</p>	<p>21 10:00 Singing with Serena & Bill 1:30 Afternoon Exercise 2:00 Blackjack 2:45 Prayer Group 3:00 TED Talk Hour</p>	<p>22 9:30 "Stretch & Flex" Exercise 9:30 Blood Pressure Clinic 10:00 This Day in History and Horoscopes 10:30 Easter Parade Walk with NI 2:00 Crafts 3:30 Humor Hour</p>	<p>23 9:30 Work out the Kinks Exercise 10:30 Kindle Fire Hour 2:00 Introduction to Digital Photography 2:00 Nail Time with Lenore 3:00 Cultural Hour - Les Mis</p>	<p>24 9:30 Chair Yoga with Julie 10:30 Catching up with Carolyn 1:30 Artful Afternoons 3:30 Afternoon Walk to Shopping Center</p>	<p>25 9:30 Exercise to Music 10:15 Scrabble Hour 10:15 Food Demo 2:00 Art Talk with Bobbi 2:00 Sing-a-long with Erica 3:00 Birthday Party</p>	<p>26 10:00 Spiritual Talk with Michael Kelleher 2:00 Activity with Dodie 3:00 BINGO 4:00 Mass w Father Pat Healy 6:45 Saturday Night Movie</p>
<p>27 10:30 Trivia with Janine 2:00 Mark West Performance 3:00 Ruff it up with Jen and Rose</p> <p>EASTER </p>	<p>28 10:00 Singing with Serena & Bill 1:30 Afternoon Exercise 2:00 Blackjack 2:45 Prayer Group 3:00 TED Talk Hour</p>	<p>29 9:30 "Stretch & Flex" Exercise 9:30 Blood Pressure Clinic 10:00 This Day in History and Horoscopes 10:30 Word Games 2:00 Farm Babies Visit 3:30 Name That Tune</p>	<p>30 9:30 Work out the Kinks Exercise 10:30 Kindle Fire Hour 2:00 Introduction to Digital Photography 2:00 Nail Time with Lenore 3:00 Travel Hour to the Northern Lights</p>	<p>31 9:30 Chair Yoga with Julie 10:30 MGH Talk 1:30 Artful Afternoons 3:30 Afternoon Walk to Shopping Center</p>	<p>ENTERTAINMENT INSPIRATIONAL/ SPIRITUAL ARTS/CULTURE</p>	<p>PUZZLES/GAMES/REC HEALTH/WELLNESS COMMUNITY/TRIPS</p>

