

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities is subject to Change At any Time: If you have any questions or concerns please contact Denise Robinson @ 617-241-0328	February Birthday Edith Ahearn 2/15 Alice Carli 2/15	The Birth Stone - Amethyst The Flower – Amethyst, Bloodstone, Onyx, Moonstone. Zodiac sign – Aquarius Meaning – Sincerity Color - Light Blue, Yellow and purple	1 9:30 Chair Yoga / Julie 10:00 Life Experience / Sam & Laura 1:30 Wednesday Movie Matinee / Joyful Noise 2:00 Exercise Bingo 3:30 Arts & Craft	2 Ground hog Day DENISE IS OFF 10:30 The Liberian / Kathy Kire 2:00 Sing-a-long with Nady	3 Wear Red Day / 9:30 Exercise to Music 10:00 Today's News 10:30 Horse Racing 2:00 Trivia 3:00 Happy Hour	4 MOD (Tabitha) 10:00 Spiritual Talk with Michael Kelleher 2:00 Left Right Center with Dodie 4:00 Mass w Father Pat Healy 6:45 Saturday Night Movie / The Butler
5 Super Bowl Sunday 10:30 Trivia with Janine 2:00 Performance /Gary Langren 3:00 Ruff it up with Jen and Rose 6:00 Super Bowl Snacks 6:30 Super Bowl LI Patriots / Falcons	6 9:30 Bean Toss 10:00 This day in History 10:30 Art / Water color 2:00 Creative Writing 2:45 Prayer Group 3:00 Scrabble	7 8:30 – 1:00 MGH Students/ Blood Pressure 9:30 "Stretch & Flex" Exercise 10:00 Art Works 2:00 Finish that Line 3:00 Topics from a Hat	8 9:30 Chair Yoga / Julie 10:00 Life Experience / Sam & Laura 1:30 Wednesday Movie Matinee / Seven Day Itch 2:00 Exercise Bingo 3:30 Arts & Craft	9 10:00 This Day in History and Horoscopes 10:30 Nutrition Talk /B&W Hosp. (Beth Bryant) 2:00 Sing-a-long with Nady 2:00 Artist on Art net 3:00 Blackjack	10 9:30 Exercise to Music 10:00 Current Events 10:30 Horse Racing 2:00 Trivia 3:00 Happy Hour	11 MOD (Kristan) 10:00 Spiritual Talk with Michael Kelleher 2:00 Left Right Center with Dodie 4:00 Mass w Father Pat Healy 6:45 Saturday Night Movie / Paper Chase
12 Lincoln's Birthday 10:30 Trivia with Janine 2:00 Performance / Jack Craig 3:00 Ruff it up with Jen and Rose 6:45 Sunday Night Movie /	13 9:30 Bean Toss 10:00 Singing with Serena & Bill 10:30 Art / Water color 2:00 Creative Writing 2:45 Prayer Group 3:00 Unscramble Words	14 Valentine's Day 9:00 MGH Students/ Blood Pressure 9:30 "Stretch & Flex" Exercise 10:00 MGH Student Group "The Heart" 2:00 Valentine's Party 3:00 Topics from a Hat	15 9:30 Chair Yoga / Julie 10:15 Art Matters 10:00 Life Experience / Sam & Laura 1:30 Wednesday Movie Matinee / Gentlemen Prefer Blondes 2:00 Exercise Bingo 3:30 Arts & Craft	16 10:00 This Day in History and Horoscopes 10:30 Cooks Demo 1:00 Bayada Present Health Hearts with Amanda Phillips 2:00 Sing-a-long with Nady 2:00 Artist on Art net 3:00 Blackjack	17 9:30 Exercise to Music 10:00 Today's News 10:30 (SHINE) Medicare Presentation (Karen Hicks) 2:00 Trivia 3:00 Happy Hour	18 MOD (Denise) 10:00 Spiritual Talk with Michael Kelleher 2:00 Left Right Center with Dodie 4:00 Mass w Father Pat Healy 6:45 Saturday Night Movie/
19 10:30 Trivia with Janine 2:00 Performance / Kat Kennedy 3:00 Ruff it up with Jen and Rose 6:45 Sunday Night Movie /	20 MOD (Denise) President's Day 10:00 Singing with Serena & Bill 2:45 Prayer Group	21 Denise is off 9:00 MGH Students/ Blood Pressure 9:30 "Stretch & Flex" Exercise 10:00 Art Works 2:00 Resident Council Meeting 3:00 Topics from a Hat	22 George Washington's Birthday 9:30 Chair Yoga / Julie 10:00 Life Experience / Sam & Laura 1:30 Wednesday Movie Matinee / Do Not Disturb 2:00 Arts & Craft 3:30 Discussion Group	23 10:00 This Day in History and Horoscopes 10:30 Word Games 2:00 Sing-a-long with Nady 2:00 Crossword puzzles 3:00 Blackjack	24 9:30 Exercise to Music 10:00 Today's News 10:30 Horse Racing 2:00 Trivia 3:00 Resident's Birthday Party	25 MOD (Lenore) 10:00 Spiritual Talk with Michael Kelleher 2:00 Left Right Center with Dodie 4:00 Mass w Father Pat Healy 6:45 Saturday Night Movie/ The Graduate
26 89th Academy Awards 10:30 Trivia with Janine 2:00 Performance / Joe Avenell 3:00 Ruff it up with Jen and Rose 6:45 Sunday Night Movie /	27 9:30 Bean Toss 10:00 Singing with Serena & Bill 10:30 Art / Water color 2:00 Creative Writing 2:45 Prayer Group 3:00 Unscramble Words	28 Mardi Gras Day 9:00 MGH Students/ Blood Pressure 9:30 "Stretch & Flex" Exercise 10:00 Art Works 2:00 Mardi Gras Celebration 3:00 Topics from a Hat	Remember The Maine Day Susan B. Anthony Day Westminster Dog Show Iwo Jima Day Woolworth's Day National Chili Day Museum Advocacy Day	Grapefruit Month National African American History Month National Cherry Month Spay/Neuter Awareness Month Youth Leadership Month	Candy-Making Day Freedom Day Robinson Crusoe Day Wear Red Day Liberace Day Girl Scout Cookie Day Opera Day	National Bagel Day National Pizza Day Stress Awareness Day NAACP Day Paul Bunyan Day Library Lovers Day