






















# January 2017 Zelma Lacey House

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b></p> <p><b>Happy New Years</b></p>  <p>2:00 Concert / Duane Sullivan 2:30 Hors D,oeuvres 3:00 Ruff it up / Jen &amp; Rose 6:45 Sunday Night Movie</p>	<p><b>2</b></p> <p><b>Rose Bowl Game</b></p>  <p>10:00 Singing with Serena &amp; Bill 10:30 Rose Bowl Parade 1:30 The 103<sup>rd</sup> Rose Bowl Game</p>	<p><b>3</b></p> <p><b>Drinking Straw Day</b></p>  <p>9:30 Stretch &amp; Flex Exercise 10:00 Poetry 11:00 Art Works 2:00 Nail Care / Denise 3:00 Topic in the Hat / Denise</p>	<p><b>4</b></p> <p><b>Tom Thumb Day</b></p>  <p>9:30 Chair Yoga with Julie 10:30 Word Games/Trivia 1:30 Wednesday Movie Matinee 2:00 Arts &amp; Craft 3:00 Bingo</p>	<p><b>5</b></p> <p><b>Bird Day</b></p>  <p>9:30 Exercise with Denise 10:30 This day in History / Horoscope 11:00 Food Committee Meeting 2:00 Sing-a-long /Nady 3:00 Blackjack</p>	<p><b>6</b></p> <p><b>Epiphany or Twelfth Night</b></p>  <p>9:30 Exercise with Music 10:00 Today's News 10:45 Horse Racing 2:00 Trivia 3:00 Happy Hour</p>	<p><b>7</b></p> <p><b>Fruitcake Toss Day</b></p>  <p>10:00 Spiritual Talk by Michael Kelleher 2:00 Activity with Dodie 4:00 Mass with Father Pat Healy 6:45 Saturday Night Movies</p>
<p><b>8</b></p> <p><b>Elvis Presley B- Day 1935-1977</b></p>  <p>10:30 Trivia with Janine 2:00 Concert / Tom Madden 3:00 Ruff it up / Jen &amp; Rose 6:45 Sunday Night Movie</p>	<p><b>9</b></p> <p><b>Balloon Day</b></p>  <p>9:30 Senior Fitness Exercise 10:00 Singing with Serena &amp; Bill 2:00 Card Games 2:45 Prayer Group 3:00 Bowling</p>	<p><b>10</b></p> <p><b>Poetry at Work Day</b></p> <p>9:30 Stretch &amp; Flex Exercise 10:00 Poetry 11:00 Art Works 2:00 Nail Care / Denise 3:00 Topic in the Hat / Denise 6:30 Men's Club / Sam 7:00 Concert / Adam Bergeron</p>	<p><b>11</b></p> <p><b>Morse Code Day</b></p>  <p>9:30 Chair Yoga with Julie 10:30 Word Games/Trivia 1:30 Wednesday Movie Matinee 2:00 Arts &amp; Craft 3:00 Bingo</p>	<p><b>12</b></p> <p><b>Full Moon</b></p>  <p>9:30 Exercise with Denise 10:30 This day in History / Horoscope 11:00 Word Games 2:00 Sing-a-long /Nady 3:00 Blackjack</p>	<p><b>13</b></p> <p><b>Frisbee's B-Day</b></p>  <p>9:30 Exercise with Music 10:00 Today's News 10:45 Horse Racing 2:00 Cultural Diversity / (Holland) Netherlands</p>	<p><b>14</b></p> <p><b>Hot Pastrami Sandwich Day</b></p>  <p>10:00 Spiritual Talk by Michael Kelleher 2:00 Activity with Dodie 4:00 Mass with Father Pat Healy 6:45 Saturday Night Movies</p>
<p><b>15</b></p> <p><b>Humanitarian Day</b></p>  <p>10:30 Trivia with Janine 2:00 Concert / Adam Rice 3:00 Ruff it up / Jen &amp; Rose 6:45 Sunday Night Movie</p>	<p><b>16</b></p> <p><b>Martin Luther King Day</b></p>  <p>9:30 Senior Fitness Exercise 10:00 Singing with Serena &amp; Bill 2:00 Card Games 2:45 Prayer Group 3:00 Bowling</p>	<p><b>17</b></p> <p><b>Popeye Day</b></p>  <p>9:30 Stretch &amp; Flex Exercise 10:00 Poetry 11:00 Art Works 2:00 Nail Care / Denise 3:00 Topic in the Hat / Laura 6:30 Men's Club / Sam</p>	<p><b>18</b></p> <p><b>Winnie The Pooh Day</b></p>  <p>9:30 Chair Yoga with Julie 10:30 Word Games/Trivia 1:30 Wednesday Movie Matinee 2:00 Arts &amp; Craft 3:00 Bingo</p>	<p><b>19</b></p> <p><b>Popcorn Day</b></p>  <p>9:30 Exercise with Denise 10:30 This day in History / Horoscope 11:00 Word Games 2:00 Sing-a-long /Nady 3:00 Blackjack</p>	<p><b>20</b></p> <p><b>National Cheese Lovers Day</b></p>  <p>9:30 Exercise with Music 10:00 Today's News 10:45 Horse Racing 1:30 Movie 2:00 Trivia 3:00 Resident's Birthday Party</p>	<p><b>21</b></p> <p><b>National Hugging Day</b></p>  <p>10:00 Spiritual Talk by Michael Kelleher 2:00 Mladost Folk Ensemble (Dance Performance) 4:00 Mass with Father Pat Healy 6:45 Saturday Night Movies</p>
<p><b>22</b></p> <p><b>Celebration of Life Day</b></p>  <p>10:30 Trivia with Janine 2:00 Concert / Joe Barilone 3:00 Ruff it up / Jen &amp; Rose 6:45 Sunday Night Movie</p>	<p><b>23</b></p> <p><b>National Pie Day</b></p>  <p>9:30 Senior Fitness Exercise 10:00 Singing with Serena &amp; Bill 2:00 Card Games 2:45 Prayer Group 3:00 Bowling</p>	<p><b>24</b></p> <p><b>Peanut Butter Day</b></p>  <p>9:30 "Stretch and Flex" Exercise / Laura 10:00 Poetry 11:00 Art Works 2:00 Nail Care / Denise 3:00 Topic in the Hat / Laura 6:30 Men's Club / Sam</p>	<p><b>25</b></p> <p><b>Irish Coffee Day</b></p>  <p>9:30 Chair Yoga with Julie 10:30 Word Games/Trivia 1:30 Wednesday Movie Matinee 2:00 Arts &amp; Craft 3:00 Bingo</p>	<p><b>26</b></p> <p><b>Ellen DeGeneres 1/26/58</b></p>  <p>9:30 Exercise with Denise 10:30 This day in History / Horoscope 11:00 Word Games 2:00 Sing-a-long /Nady 3:00 Blackjack</p>	<p><b>27</b></p> <p><b>Thomas Crapper Day</b></p>  <p>9:30 Exercise with Music 10:00 Today's News 10:30 Horse Racing 2:00 Celebrate Chinese New Year</p>	<p><b>28</b></p> <p><b>Chinese New Year / Year of the Rooster</b></p>  <p>10:00 Spiritual Talk by Michael Kelleher 2:00 Activity with Dodie 4:00 Mass with Father Pat Healy 6:45 Saturday Night Movies</p>
<p><b>29</b></p> <p><b>Thomas Paine Day</b></p>  <p>10:30 Trivia with Janine 2:00 Concert / Mark Tavenner 3:00 Ruff it up / Jen &amp; Rose 6:45 Sunday Night Movie</p>	<p><b>30</b></p> <p><b>Croissant Day</b></p>  <p>9:30 Senior Fitness Exercise 10:00 Singing with Serena &amp; Bill 2:00 Card Games 2:45 Prayer Group 3:00 Bowling</p>	<p><b>31</b></p> <p><b>Arts &amp; Craft Day</b></p>  <p>9:30 "Stretch and Flex" Exercise / Laura 10:00 Poetry 11:00 Art Works 2:00 Nail Care / Denise 3:00 Topic in the Hat / Laura 6:30 Men's Club / Sam</p>	<p><b>The Stone - Garnet</b> <b>The Flower – Carnation</b> <b>Colors – Black &amp; Dark Blue</b> <b>Zodiac Sign - Capricorn</b></p>	<p><b>January Birthdays</b> Catherine Votaw 1/8 K. Ellis 1/9 Dorothy Carroll 1/14/25 Richard Bloom 1/20 Alice Mandell 1/21 Mary Holt 1/22 Marie DeBorbon 1/27</p>	<p><b>Activities is subject to change if you have any questions or concerns please contact Denise Robinson @ 617-241-0328</b></p>	<p><b>Adopt A Rescued Bird Month</b> <b>Bath Safety Month</b> <b>Be Kind to Food Servers Month</b> <b>Birth Defects Month</b> <b>Book Blitz Month</b> <b>California Dried Plum</b> <b>Digestive Month</b></p>

